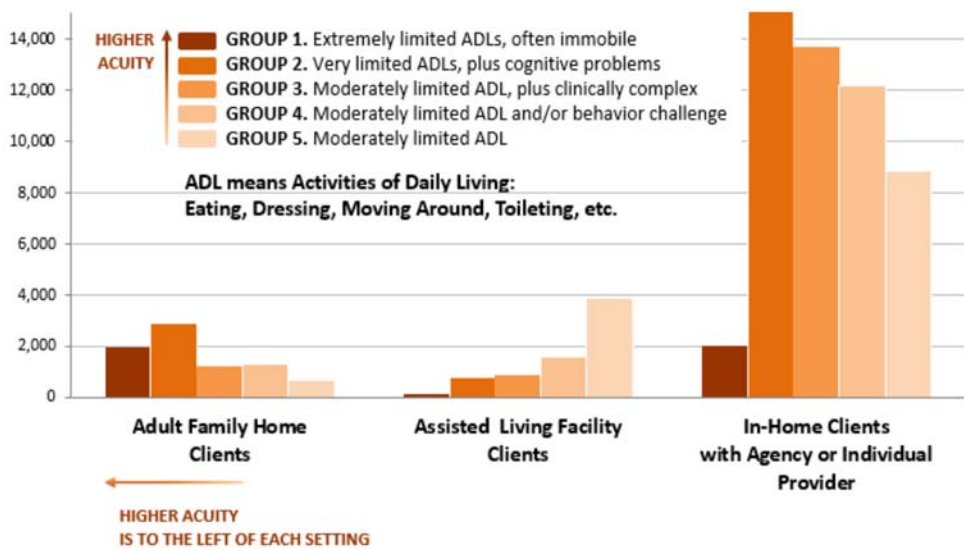




*Advocacy. Action. Answers on Aging.*

## **Washington Association of Area Agencies on Aging \$9.9 million GFS to keep homecare safe and to manage mental health impacts**

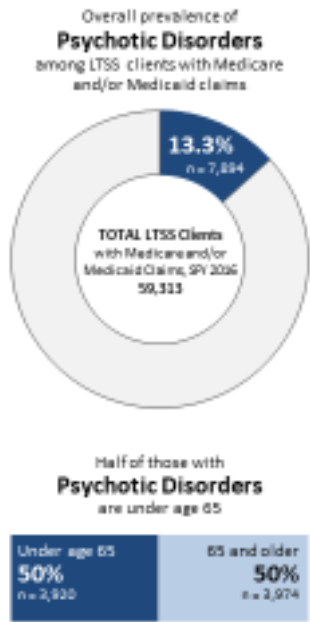
- Washington State is a national leader in caring for people with disabilities and seniors in their homes. By providing care at home Washington has saved \$2.7 billion over the last fifteen years compared to the cost of facility-based care.
- The acuity of in-home clients is rapidly increasing. A third are immobile or severely limited in daily activities including eating, dressing and bathing.
- In-home long-term care is an under-appreciated support for people with serious mental illness. Of all the people in long-term care:
  - ✓ 1 in 3 with psychotic diagnoses live at home
  - ✓ 3 in 5 with mania/bipolar diagnoses live at home
  - ✓ 1 in 4 with delirium/dementia diagnoses live at home
- One in four of the people discharged to long-term care from the state mental health hospitals is placed in-home.
- As clients get sicker and have more cognitive/mental health problems, they are more vulnerable to abuse and neglect. Case managers are serving 85+ clients apiece—they are spread too thin to detect problems before they escalate to front-page news.
- Lack of adequate oversight results in poor client health outcomes, unnecessary expensive institutional stays, gaps in caregiving, homelessness, and delays in identifying potential abuse, neglect and exploitation or Medicaid fraud.
- Adding \$2.7 million GFS (\$5.4 million including federal match) for the biennium will index the funding for case management to match inflation to prevent caseloads from increasing.
- Adding \$7.2 million GFS (\$14.6 million including federal match) provides a 35:1 ratio of clients with the most complex combination mental and physical health challenges per case manager.



Source: CARE data as of June 30, 2015 snapshot, combined clients of ALTA and DDA.

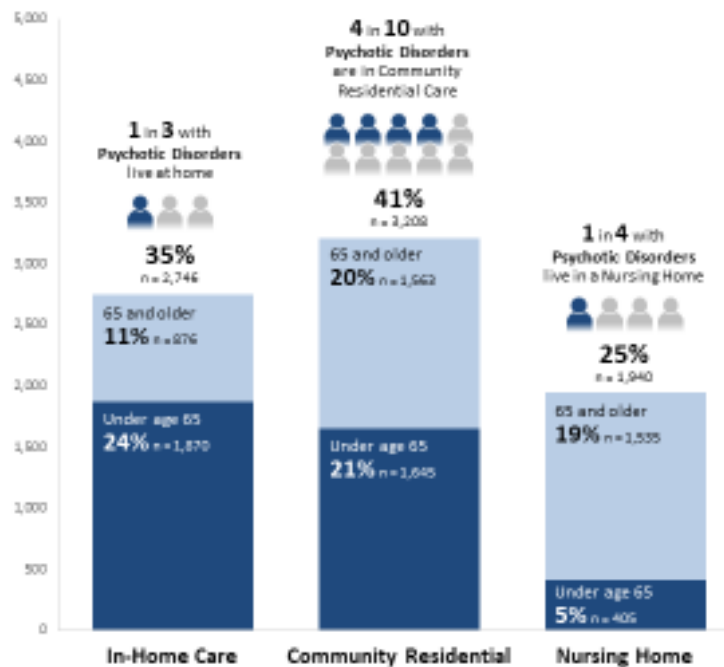
## Mental Illness | Psychotic Disorders

JUNE 2016 LTSS CLIENTS BASED ON SFY 2016 CLAIMS EXPERIENCE



### Where LTSS clients with Psychotic Disorders live . . .

TOTAL = 7,894



SOURCE: OSHPD Research and Data Analysis Division, Integrated Medicare and Medicaid claims, SFY 2016.

DSHS | Financial Services Administration | Research and Data Analysis Division | MAY 2018